

# Condensation Mould

Condensation happens everywhere – in every home, to every family, in different ways.

Controlling condensation is difficult in cold weather. Here's what works best:

Get the room ready - turn your heating on 30 minutes before you get up

21°C

When heating your property try to get to 18-21°C

Do you need help with your energy bills?

Visit or call Citizens Advice

If you have mould, seek advice from your landlord

Open and close windows for 5 seconds:

1. Mornings
2. Evenings
3. Showers
4. Cooking
5. Bed time

Use fans – ask your landlord how they work

Dry clothes on a dryer in a small vented room with the door closed



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